"Peer Run, Peer Delivered"

Financial Report

Revenue	
Service Contracts	
 Integrated Services of Kalamazoo 	\$718,082
 Southwest Michigan Behavioral Health 	\$111,815
 Courts & Kalamazoo Public Library 	\$36,987
Other	
 Community Awareness Events 	\$28,143
 Reimbursements, Contributions and Misc. 	\$3,826
Total Revenue	\$898,853
Expenses	
Peer Support Services	\$575,036
Recovery Coaching	\$109,845
RI Contracts	\$36,809
Community Awareness Events	\$25,756
Other	\$10,345
 Administration 	\$143,046
Total Expenses	\$900,837

JON-PROFIT Org. U.S. Postage PAID Kalamazoo, MI Permit No. 384

*Tobacco Recovery

*Seeking Safety

Our Evidence Based Practices

*Wellness Recovery Action Planning

Supporting Organizations





Recovery Institute of Southwest Michigan, Inc. 123 South Westnedge, Kalamazoo, MI 49008

Annual Report 2022



"Recovery Happens Here"

Vision

A community that embraces recovery, wellness and mutual support. Where everyone is afforded opportunities to contribute and thrive according to his or her own desires and wishes.

Mission

We are a community of peers embracing recovery.

Recovery Institute of Southwest Michigan, Inc. 123 South Westnedge, Kalamazoo, MI 49008 www.recoverymi.org (269)343-6725



Letter from the Director

RI is growing and in a new much larger building, but it has been a rough couple years. We did not issue an annual report last year. I was unsure what to say. The pandemic was "over" but people were not really coming back. We felt a little heroic at first, having survived the pandemic, but months went by and our attendance stayed very low. We knew people were isolated and hurting. Acute care systems were being inundated and national surveys showed heightened levels of alcoholism, addiction, depression and anxiety. We wondered if RI was still relevant. We didn't sit around waiting. The PoWeR Group hopped back in the van and resumed their presentations at local high schools and colleges. Soon, they averaged two presentations a week. We offered peer support and assisted with passing out donated goods to our unhoused peers. We spent four days a week in the public library helping our peers there. We'd see some new faces and some long lost friends would wander in and say "Hey, I didn't know you guys re-opened!!" Some attended online and some in person. This was our 2021. Now you know. In July 2022 something shifted. People started telling their friends. There was a place to go where you could share your troubles. It felt better. We weren't getting each other sick. People started coming back. July flowed into August and August into September. We had our 8th Annual Wellness and Recovery Festival. It was the biggest one yet. Volunteers started logging some real give back time and laughing with people who walked through our doors. By January, our monthly attendance hit 450, double what it had been in July. We had nothing to offer but free coffee and peer support, but that was enough and it was worth venturing out for again. Recovery is happening in Kalamazoo and it's growing!!!

Sean J. Harris Executive Director Recovery Institute **Founded**

1st Federal Grant 2nd Federal GrantNew Office Expand to Courts1st RecoveryFestival

Expand to Kalamazoo Psychiatric Hospital Expand to Library

Expand to KalamazooDefenderOutreach to ourUnhoused

•8th Annual Recovery
Festival
•Proclamation

PoWeR Group

People of Wellness and Recovery

* 42 Presentations in 2022



Power Group

Wellness & Recovery

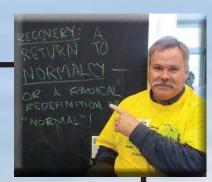
Festival



Group Members



Staff 2022



Group Presentation



Hope College Presentation



State of Michigan, United States of America Proclamation

National Recovery Month

//HEREAS, Recovery Month is a national observance held every September since 1989 to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the service providers and community members across the nation who make recovery in all its forms possible; and,

/HEREAS, the focus of Recovery Month this September is to celebrate all people that make the journ of recovery possible by embracing the 2022 theme, "Recovery is For Everyone: Every Pens, Every Community" and,

REAS, approximately 20 million individuals in the US have a substance use disorder. Last year, we lost almost 108,000 individuals nationally and nearly 3,000 in Michigan- that is eight people a day- to overdose. Fentanyl is now the number one cause of death for Americans aged 18-45. Surpassing suicide, Covid-19, and car accident-related death; and,

THEREAS, one of five Americans will experience a mental illness in a given year and fifty percent will be diagnosed with a mental illness or disorder at some point of their lifetime; and,

WHEREAS, The City Kalamazoo is dedicated to making our community recovery-friendly by providing accessible evidence-based treatment for mental health and substance use disorder to all, by prioritizing equity and inclusion and removing barriers that marginalized populations face, treating citizens with respect and dignity to achieve their Pathway of Recovery, offering education to lessen the stigms associated with substance use disorder and mental health, embracing harm reduction principles, understanding that recovery is a life-long process and offering safe places to individuals struggling.

NOW, THEREFORE, ON BEHALF OF THE 54th CITY COMMISSION I. DAVID F. ANDERSON, MAYOR OF THE CITY OF KALAMAZOO

1, DAVID F. ANDERSON, MAYOR OF THE CITY OF KALAMAZOO ob hereby proclaim the month of September 2022 as Recovery Month in the City of Kalamazoo and call upon the community to observe this month with compelling programs and events that support this year's observance, the 33rd anniversary of Recovery Month.





Board Members Receiving Proclamation

Peer Support by the Numbers

- 394 Unique individuals served
- 3,595 Outreach Encounters (Hospitals and in the community, largely unhoused)
- 5,595 Engagements with Members (does not include Outreach)
- 42 Power Group Presentations
- 16 Peer Staff
- 4 Years Average Staff Tenure
- 11 Peer Volunteers
- 189.5 Hours of Volunteer Service

Outreach Partner Locations

Ascension Borgess Hospital
First Presbyterian Church
Four Treatment Courts
Integrated Services of Kalamazoo
Kalamazoo Public Library
Ministry with Community
Warming Centers
Weekly Events for our Unhoused

Our Peer Led Groups

Hearing Voices Network

Meditation
Open Studio
Pathways 4 U
Rainbow United (LGBTQI Support)
SMART Recovery
Smoke Less Live More
Transformations
Wellness Wednesdays
Whole Health Action Management

Writer's Group

Groups Offered/ Month 68