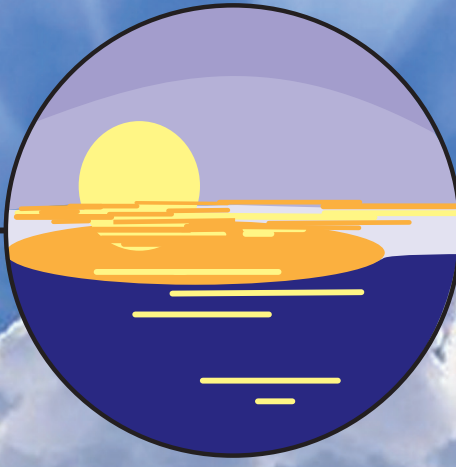


Annual Report 2020



Recovery Institute
of Southwest Michigan, Inc.

Recovery Institute of Southwest Michigan, Inc. 1020 South Westnedge, Kalamazoo, MI 49008

www.recoverymi.org

(269)343-6725

“Recovery is Possible”

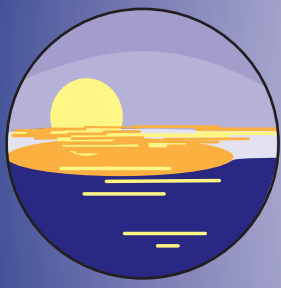
Vision

A community that embraces recovery, wellness and mutual support. Where everyone is afforded opportunities to contribute and thrive according to his or her own desires and wishes.

Mission

We are a community of peers embracing recovery.

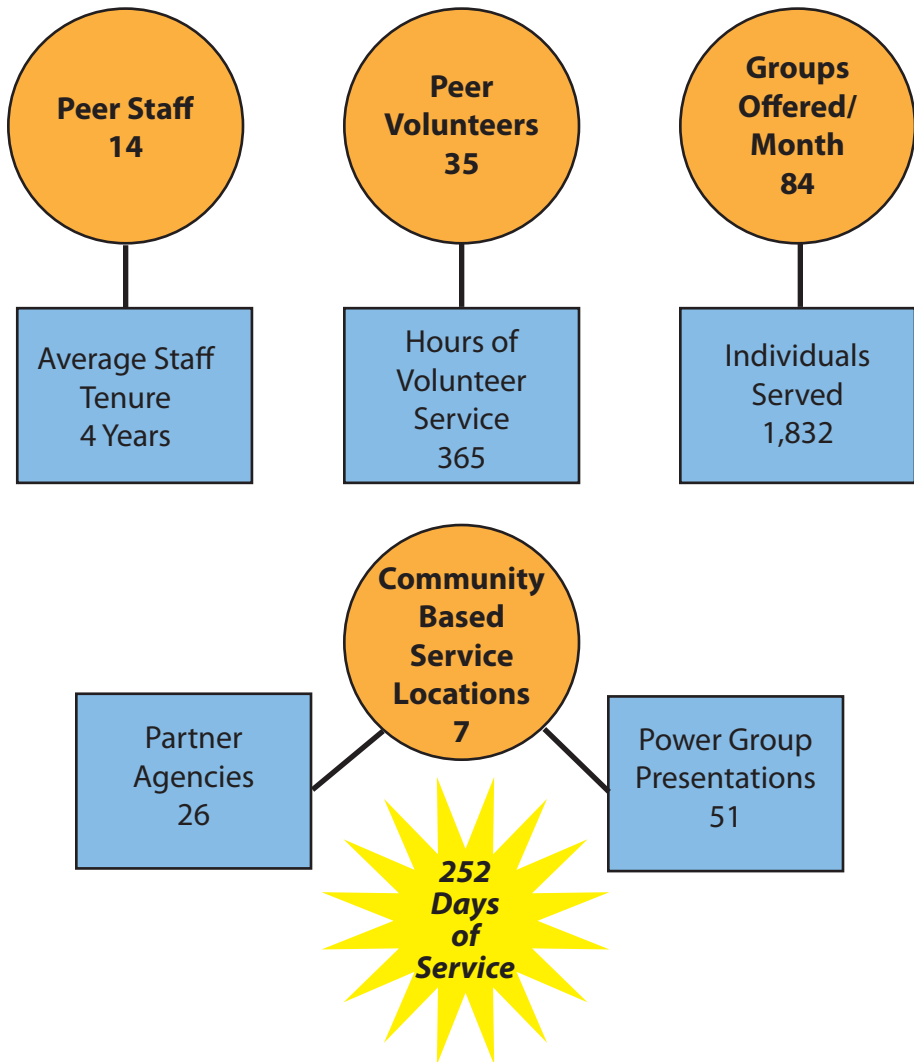




RI 2020 Annual Report



"Peer Run, Peer Delivered"



Letter from the Director

Had 2020 been a typical year, I would be reveling in the milestones that we passed. "Wow," I would say, "the agency just turned 13 years old, we entered our 12th year offering support to our peers in the hospital. We supported those with addiction concerns for a 4th year, thanks to our Recovery Coaches and we just completed our 2nd year of Peer Navigation with the Kalamazoo Public Library." However, 2020 was anything but a typical year. On March 13, we closed our doors, sending all the staff and members home, for their own safety. Gathering and sharing a close peer to peer conversation

had become dangerous, even life threatening. We spent the next 9 months reinventing ways to support each other and save our recovery from withering in the shadows of neglect and loneliness. We pulled everyone's phone numbers, divided the lists up among all the staff and started calling, checking in, catching up, sharing our concerns and our hope. One week after the shutdown, we held our first ever online Zoom support group, SMART Recovery. It was weird, some of us weren't sure we wanted to be on camera, but for others it was kind of fun and silly. What? We laughed? In two weeks, we launched ten meetings a week online. In the following two weeks, we were hosting all of our original in person meetings online and providing warm line phone support for all our members.

For many, online support sustained their recovery and helped them be accountable. Others actually preferred to work their recovery from home, rather than travel across the city to a meeting. Still, most agreed that they preferred to meet in person. We tried venturing out as the weather warmed. Meetings in the park. Gathering downtown and walking around. We met with people indoors at the library, one of our favorite places to hang out. But, we lost track of a lot of folks, who we didn't have a phone number for or whose number no longer connected. We started looking for people in the encampments. We hope to help people find shelter and survive.

We are still a community of peers embracing recovery. We just have to do it differently now. The vaccine is finally here and Spring is coming. We want to find those we lost track of, show them they matter, that we care, that there is still hope for recovery and that we are in this together.

Sean J. Harris
Executive Director
Recovery Institute

Financial Report

Revenue	
Service Contracts	
• Integrated Services of Kalamazoo	\$789,042
• Southwest Michigan Behavioral Health	\$82,328
Other	
• RI Contracts (Courts & Library)	\$34,174
• Reimbursements	\$14,999
• Contributions and Misc.	\$19,810
Total Revenue:	\$940,353
Expenses	
• Peer Support Services	\$617,270
• Recovery Coaching	\$80,006
• RI Contracts	\$28,996
• Tonight Show (Fair)	\$14,657
• Other	\$13,760
• Administration	\$181,066
Total Expenses	\$935,755

Our Peer Led Groups

- Diversion/Treatment Court Support Groups
- Hearing Voices Network
- Meditation
- Men's Healing from Trauma
- Open Art Studio
- Rainbow Recovery LGBTQI Support
- Seeking Safety
- SMART Recovery
- Smoke Less Live More
- Transformations
- Walking Group
- Wellness Recovery Action Planning
- Whole Health Action Management
- Women's Healing from Trauma
- Writer's Group

Outreach Partner Locations

- Borgess Psychiatric Unit
- Community Outreach Prevention & Education Network (COPE)
- Integrated Services of Kalamazoo
- Kalamazoo Public Library
- Kalamazoo State Psychiatric Hospital
- Ministry with Community
- Six Treatment Courts (Circuit and District)

Our Evidence Based Practices

- *Tobacco Recovery
- *Seeking Safety
- *Wellness Recovery Action Planning

2020

433 Borgess Hospital Contacts | 1399 Individuals Served in the Community

Supporting Organizations



Major Funders

5

Annual Budget

\$935,755

Total Grants Landed

6