



News in Recovery

Get to KnOw Recovery Institute's PoWer Group!

PoWeR Group is a group of Peers dedicated to educating people about recovery and working to end discrimination and prejudices that people with mental illness and substance abuse face in their communities and everyday lives. This prejudice stems from lack of knowledge, media misrepresentation and fear towards individuals who suffer with mental illnesses and substance abuse issues.

PoWer Group travels in a group speaking at colleges, conferences, churches, and other organizations building connections and decreasing stigma. We are reintroducing ourselves because we are ready to go further to reach more people throughout our communities. In order to do this PoWer Group is looking for Peers who are ready to tell their recovery story to come join us as we continue to grow.

GOALS

The goals of PoWeR Group are: 1. Educate people on the facts about individuals living with mental illnesses and substance abuse. 2. To eliminate discrimination and prejudice individuals face in the community and their everyday lives.

**Watch
For
More
News
to
Come!**

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PoWeR Group has opportunities for Peers who want to tell their story of recovery, help reduce and eliminate discrimination, travel, and be part of a great team!

HISTORY

The PoWeR Group was established in the year 2000 at KCMHSAS in Kalamazoo Michigan. The intention was to educate students, various health professionals, and the community on the reality about what life is like for people living with mental illness and substance abuse issues.

TODAY

Today PoWeR Group is part of the Recovery Institute of Southwest Michigan which hosts many programs designed to help individuals increase their sense of identity, gain strength in recovery and to be of service to others.

POSSIBILITIES

RI's programs are geared towards learning new skills to help an individual live the life they want to live. The PoWeR Group and Recovery Institute share a common belief that recovery is possible, and that if you can ignite that spark of hope in an individual they can begin to make extraordinary strides in their lives.